

RYHALL CE ACADEMY



PSHE Curriculum Statement **Personal, Social & Health Education** **(including Relationships & Sex Education – RSE)**

INTENT

Our intention is that when children leave Ryhall CE Academy, they will do so with the knowledge, understanding and emotions to be able to play an active, positive and successful role in today's diverse society. PSHE enables our children to become healthy, independent and responsible members of society. It is our aim for our children to develop a passion for life-long learning, become great thinkers who embrace challenge, and are curious, enthusiastic, independent, self-believing and confident in their outlook – learning to live 'life in all its fullness'.

PSHE aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. Our Relationships and Sex Education (RSE) enables our children to learn how to be safe, and to understand and develop healthy relationships, both now and in their future lives. We provide our children with opportunities to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. We aim to empower our children to have a voice and to stand up against discrimination, valuing equality, tolerance and mutual respect through the teaching of protected characteristics (age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief, sex, sexual orientation). They are provided with opportunities to fulfil their potential whatever their sex, race, colour ethnic or national origin, marital status, age, sexual orientation, disability or religious belief. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.

IMPLEMENTATION

At Ryhall CE Academy we deliver the PSHE curriculum by utilising first-hand experience and sharing good practice and it is every staff member's responsibility to do this by being a role model and having high expectations of Ryhall CE Academy pupils.

All staff should actively promote, 'Random Acts of Kindness' and celebrate these with the children.

The delivered curriculum (scheme of work) reflects the needs of our pupils and is tailored to meet specific needs. We expect teachers to use the PSHE programme to equip pupils with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions.

In the Foundation Stage (EYFS), PSHE and citizenship is taught as an integral part of topic work and is embedded throughout the curriculum. The objectives taught are the Personal, Social and Emotional Development statements from 'Development Matters in the EYFS' and the PSED Early Learning Goals.

The curriculum is split into three core themes of: Health and Wellbeing, Relationships and Living in the Wider World and we use the PSHE Association's Programme Builders thematic scheme as an overview. The children will meet these themes throughout the course of the year and the themes are built upon as the children move through school.

Throughout the school, children use scrap books to record their responses to and progress in PSHE sessions. These books travel with the children as they move to the next year group so they can look back at their learning and the next teacher can see the starting points. In UKS2 the children also use learning journals to record their responses in a more reflective/personal way where appropriate.

Through the programme of study the children should have a good balance of these overarching concepts:

- Identity
- Relationships
- A healthy, balanced lifestyle
- Identification of risk and safety
- Diversity and equality
- Rights, responsibilities and consent
- Change and resilience
- Power
- Career

At Ryhall CE Academy we believe that PSHE plays a vital part of primary education and needs to be taught weekly or fortnightly for an appropriate length of time determined by the topic (i.e. 30mins as a weekly activity up to 2 hours if fortnightly); although there will also be opportunity to make cross curricular links and these opportunities should not be missed. This enables staff to ensure full coverage of the PSHE scheme of work. There are always occasions where staff may feel it necessary to teach PSHE as a result of an issue which has arisen in their own class.

PSHE is integral to the development of children's values in order for them to become a positive citizen in a forever changing community.

Wider Curriculum





- We believe that focusing on developing a 'Growth Mindset' in our children will help them to build resilience, independence and confidence. We do this through the language we use in class, praising children for their efforts, and using language to encourage children to change their way of thinking. This supports both our school and PSHE aims and values, and we focus on Growth Mindsets in all aspects of school life.
- PSHE, including SMSC and BV, is an integral part of the whole school curriculum, and is therefore often taught within another subject area.
- Visitors such as emergency services and the local health & wellbeing teams complement our PSHE curriculum to offer additional learning.
- Some assemblies and collective worship themes are linked to PSHE, British Values and SMSC and cover any additional sessions that would benefit the whole school.

IMPACT

By the time our children leave our school they will:

- be able to approach a range of real life situations and apply their skills and attributes to help navigate themselves through modern life;
- be on their way to becoming healthy, open minded, respectful, socially and morally responsible, active members of society;
- appreciate difference and diversity;
- recognise and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty;
- be able to understand and manage their emotions;
- be able to look after their mental health and well-being;
- be able to develop positive, healthy relationship with their peers both now and in the future;
- understand the physical aspects involved in RSE at an age appropriate level;
- have respect for themselves and others;
- have a positive self esteem.

Our Golden Threads

Subject Name: PSHE		Subject lead: Mrs Claire Hicks	Date: 2022-2023
How do the following 'Golden Threads' work within this subject?			
CHRISTIAN VALUES	LANGUAGE RICH	KNOWLEDGE RICH	ACTIVE AND ENRICHED
			
This subject supports our Christian Values by...	This subject supports children's language use and acquisition by...	This subject provides children with rich knowledge by...	This subject allows for active and engaged learners by...
Giving pupils the opportunity to develop a strong moral compass within a curriculum and experiences that embraces British Values.	To develop an appropriate use of language in a Relationships and Sex Education Curriculum.	Providing a curriculum that allows pupils to develop aspirations and supports transitions e.g. careers programme such as links with ExpertEd in Year 5/6.	Providing pupils with the opportunity to debate and discuss within a safe and trusting environment.
Developing Trusting relationships with the adults in school.			Engaging with our local and wider community to work with visitors to extend knowledge beyond the classroom.
Learning through a curriculum with a clear focus on Respect, Friendship & Compassion.			